

Arizona Digestive Health

3815 E Bell Rd Suite 1250, Phoenix, AZ 85032
(602) 493-3030

9250 N. 3rd St. Suite 4035, Phoenix, AZ 85020
(602) 279-3575

Esophagogastroduodenoscopy (EGD)

Procedure Date: _____ Procedure Time: _____ Check- In Time: _____

Arrive one hour prior to procedure at address marked below:

North Valley Endoscopy Center
15255 N. 40th St Bldg. 8 Ste 157

Honor Health JCL NM Hospital
250 E. Dunlap (Main Entrance ~Information Desk)

INSTRUCTIONS

Because you will be receiving sedation, **YOU MUST HAVE SOMEONE DRIVE YOU HOME FROM THE FACILITY**

1. **STOP THE FOLLOWING MEDICATIONS AS INSTRUCTED BELOW (2 to 7 days before your procedure)**

- **Hold GLP-1's such as:** Ozempic, Trulicity, Mounjaro , Byetta, Bydureon, Victoza, Adlyxin, Rybelsus.
 - **If weekly injectables, hold 1 week prior to your procedure.**
 - **If daily dosing, hold the day of your procedure.**
- **Blood Thinners including:**
 - **Discontinue 5 days before your procedure:** Plavix, Coumadin/Warfarin, Clopidogrel, Effient, Prasugrel and Aggrenox.
 - **Discontinue 2 days before your procedure:** Brilinta Eliquis, Xarelto/Pradaxa.
- If not sure medications you are taking are blood thinners, CONSULT your Physician/Pharmacist

2. You may brush your teeth, but **DO NOT** swallow any water.

3. **"NOTHING to eat or drink at least 8 hours before your procedure"**. No sips, no ice, no gum, and no hard candies 8 hours before your procedure.

SPECIAL INSTRUCTIONS FOR MEDICATIONS:

- **HEART/BLOOD PRESSURE MEDICATIONS-**May be taken the day of the procedure with a very small sip of water.
- **DIABETIC MEDICATIONS- DO NOT TAKE** diabetic medications (pills or insulin) the **morning of** your procedure. Consult your Primary Care or Endocrinologist for any questions regarding your medications.